# antdoor sad

Not enough space for a fully functioning multi-fitness rig? Not with S300! This one will surely satisfy your needs, when floorspace is at a premium. As always, you can pick and choose your individual stations to your liking.



#### **JUMP STATION**

Dip AB-Throne (1x) Multiposion Bar Support (2x)

# **CLIMBING BOARD STATION**

Pegs Road (1x)

#### **PULL UP STATION**

Pull Up Bar (1x) Multiposion Bar Support (2x) Abdominal Bench (1x)

Torso (1x)

### LIFT STATION

Pull Up Bar (1x)

#### **REBOUNDER STATION**

Wall Ball (1x) Shelves Storage (4x)

## **PUSH UP STATION**

Push Up Bar (1x)

#### **JUMP STATION**

Multiposion Bar Support (2x) Jump Platform (1x)

#### **ENDURANCE STATION**

Pull Up Bar (1x)

#### **LADDER STATION**

Workout Ladder (1x)

# **CALISTHENICS STATION**

Protruding Ladder (1x) Gymnastic Rings (1x)

### INSIDE

Suspensions Inside Station -Adbominal Straps (1x) Monkey Bar - Horizontal Ladder (1x)

Suggested additional accessories available separately;

Medicine Ball 1-10 kg Kettlebells set 11 units (4-32 kg) Power Band set 4 units BTX Suspension Trainer 2 units Aerosling XPE 3 unit RevvII One - endles rope 1 unit Bar 220 cm 1 unit Battle Rope 1 unit (10m or 15m)

# **WORKOUT SPACE**

12 USERS m²





Other: \*Post Size: 160 x 80 x 3 mm\*

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